

Bombshel Stomp

Wait: Start Immediately.

PART	COUNTS	FOOT	STEP	SPECIAL INSTRUCTIONS
INTRO	16 cts	N/A	Entire class makes big circle while holding hands	Rotate circle as time allows
	8 cts	N/A	Teacher releases one hand and class forms line	
A	16 cts	L	8 Stomps (Switching Feet)	2 cts per Stomp
	8 cts	L	8 Stomps	1 ct per Stomp
	8 cts	B	4 Bounces	2 cts per Bounce
	8 cts	R	8 Stomps	1 ct per Stomp
	8 cts	B	4 Bounces	2 cts per Bounce
	16 cts	L	4 Stomp Stamps	4 cts per Stomp Stamp
B	16 cts	L	4 Step Touches	4 cts per Step Touch
	8 cts	L	4 Step Touches	2 cts per Step Touch
	8 cts	N/A	8 Claps	High above head
END	4 cts	R	R Stomp (2ct) L Stomp (2ct)	
	2 cts	N/A	2 Finger Points	
	2 cts	R	3 Stomps (Switching Feet)	
	8 cts	L	4 Step Touches	2 cts per Step Touch
	1 ct	B	Jump Out/Hands on Knees	