

“Booty Swing” – Top Hats & Tiaras Level 2

Artist/Album: Parov Stelar/The Paris Swing Box EP (TDP Cut)

Intro: Begin standing inside your hula hoop (make sure there is room to walk around it)

- 4cts: Wait
- 4cts: Hands Rise from sides to High “V”
- 4cts: Hands Lower in Jazz Hands (in front of face)
- 4cts: Step out of the hula hoop (5,6), 2 Claps (7,8)

Intro 2:

- 4ct: Right arm to high “V” (1), Left arm to High “V”(2), Right arm to Hip (3), Left arm to Hip (4)
- 4 Claps (5,6,7,8)
- 8cts: Step out of your hula hoop (fwd) 1,2, walk around to the back of the hula hoop (3,4,5,6), step into hula hoop again (7,8)

PART A: Step Sequence

8cts:

- 2ct: Right foot steps out of hula hoop (side) 1, Left foot touches right foot (outside hula hoop) 2
- 2ct: Left foot steps back into hula hoop 3, Right foot steps back into hula hoop 4
- 4ct: Repeat the above 4ct to the left

8cts:

- 2ct: Right foot steps forward out of hula hoop 1, Left foot touches right foot (outside hula hoop) 2
- 2ct: Left foot steps back into hula hoop 3, Right foot steps back into hula hoop 4
- 4ct: Repeat above 4ct again to the front

PART B: Arm Sequence

16cts:

- 8cts: Right hand to high V (1), Left hand to high V (2), Hold arms/bounce (3,4), Lower arms slowly (5,6,7), Jump together (8)
- 8cts: Push right hand out to “T”/flexed hand (1), push left hand out to “T”/flexed hand (2), hold arms/bounce (3,4), Lower arms slowly (5,6,7), Jump together (8)
- 8cts: 2x - Jump out (legs apart)/Hands to High “V” (1, hold 2), Jump (feet together)/touch knees (3, hold 4)
- 8cts: Step out of your hula hoop (fwd) 1,2, walk around to the back of the hula hoop (3,4,5,6), step into hula hoop again (7,8)

REPEAT PART A: Step Sequence

REPEAT PART B: Arm Sequence

REPEAT PART A: Step Sequence 2X

END: POSE