

Lollipop

Wait: 16 cts (Dancers Begin Standing Inside Hula Hoops).

PART	COUNTS	FOOT	STEP	SPECIAL INSTRUCTIONS
A	8 cts	L	4 Toe Heels	2 cts per Toe Heel
	8 cts	L	8 Toe Heels	1 ct per Toe Heel
	8 cts	N/A	Step Forward to Get Out of Hula Hoop	Distance from Hula (far)
	16 cts	L	4 Double Steps*	4 cts per Double Step
	8 cts	L	4 Double Steps	2 cts per Double Step
	8 cts	N/A	Go Back to Stand Inside of Hula Hoop	

Repeat Part A
Get Ready to Hula!

*When dancers get experienced, you can turn the slow (4ct) Double Steps to 2cts per Double Step.