

Port de bras/Armwork: "I See the Light"

Music: I See the Light (Tangled, Disney soundtrack)

1st Part:

- 1st Port de bras (4cts to each position – 4cts hold each position)
- 3x: Swings (4cts each way) – Degage w/plie (arms swing through 1st)
- Arms 1st/Plie(2cts), Arms 3rd/Stretch (2cts), Open 2nd (4cts), Allongee 2nd (2cts), Lower Preparatory (2cts)
- ½ port de bras (1st (2cts), 2nd (2cts), Allonge Preparatory (2cts), Preparatory (2cts)
- 4cts: Open arms to allonge preparatory and run forward landing in 1st

2nd Part:

- Repeat the above, except do 1st Port de bras 2x (2cts to each position, 2cts holds each position)
- Ending: ½ Port de bras walking forward and ending in attitude a terre croise (right foot front)