

Twinkle Stars (5-7 yrs)

Quick-Look Class Outline

Tap - 30 Minutes:

1. "Bombshell Stomp" Tap Warm Up:

- *Stomps*
- *Stamps*
- *Stomp-Stamps*
- *Step Touches*

2. "Lollipop" Exercise:

- *Toe Heels*
- *Double Steps*

3. "The Twist":

- *Hula Hoops*

4. "Clickety Clack – Choo Choo Train":

- *Heel Downs*

5. "Out Cross Turn" Technique.

6. "Ballin' the Jack":

- *Double Steps*
- *Toe Heels*
- *Heel Steps*

7. "Step Practice" Time:

- *Upcoming choreography steps and sequencing that the class is having difficulty with in.*

8. Tap Recital Choreography.

9. "Goodbye Circle" (Tap "Reverence").