

"100 Valentines" Across the Floor

Wait: ~16 cts Dancers will begin lined up against the wall to start across the floor exercise

PART	COUNTS	FOOT	STEP	SPECIAL INSTRUCTIONS
"100 Valentines"		Grapevine combinations will be done across the floor for the duration of "100 Valentine's." Dancers can go as one team, or in ones or twos across the floor. Dancers can go half or full speed with their Grapevines.		
"I Give Each Friend a Heart" (Beginner)		When hear "Happy Valentine's Day" you have 16 cts to get in a straight line/windows.		
A	24 cts	L	1st 6 Double Steps of a Grapevine	4cts per Double Step
	8 cts	N/A	2x Knee Hits + 2 Claps + R Snap + L Snap	Put hands on hips 7ct
	24 cts	R	1st 6 Double Steps of a Grapevine	4cts per Double Step
	8 cts	N/A	2x Knee Hits + 2 Claps + R Snap + L Snap	Put hands on hips 7ct
Repeat Section A 2x				
END	3 ct	N/A	1x Knee Hit + 1 Clap + Heart Shape Hands	
"I Give Each Friend a Heart" (Advanced)		When you hear "Happy Valentine's Day" you have 16 cts to get in a straight line/windows.		
A	16 cts	L	Grapevine	2cts per Double Step
	8 cts	B	2 Out Cross Turns	
	8 cts	N/A	2x Knee Hits + 2 Claps + R Snap + L Snap	Put hands on hips 7ct
	16 cts	R	Grapevine	2cts per Double Step
	8 cts	B	2 Out Cross Turns	
	8 cts	N/A	2x Knee Hits + 2 Claps + R Snap + L Snap	Put hands on hips 7ct
Repeat Section A 2x				
END	3 ct	N/A	1x Knee Hit + 1 Clap + Heart Shape Hands	
Determine level of dancers for "I Give Each Friend a Heart" before starting the exercise.				

Music Credits:

Song Title: "100 Little Valentines"

Artist: "The Kiboomers"

Album: "Kids Pop Songs for Valentine's Day"

Song Title: "On Valentine's Day I Give Each Friend a Heart"

Artist: "The Kiboomers"

Album: "Kids Pop Songs for Valentine's Day"

