

The Tigger Bop – Hand Positions & Step Combo

Wait 16 counts

Part A: Arm Positions

8ct: Hands on Hips (Bounce/Hold)

8ct: Clap at forehead (Count to 8)

8ct: Hands in Blades (Bounce/Hold)

Part B: Hand Positions (BLADES)

4ct: Low “V”

4ct: “T”

4ct: High “V”

4ct: “T”

4cts: Hands on hips/shake side to side

4cts: Runs in circle/Hands boxed in Jazz Hands (shaking Hands)

Repeat Part A

Repeat Part B w/fists

Repeat Part A

Repeat Part B w/jazz hands

End:

1ct: Pose
